

INTER-HOUSE CROSS COUNTRY 2025

PINEY LAKES RESERVE

Friday 11 April 2025



COURSE OFFICIALS:

Coordinators: J. Howard / D. Curtis

Starters: C. Brehaut

Finish Line 1: K. Hughes

Finish Line 2: A. Barendilla

Mobile Official 1: S. Kingwell

Cycle Official 2: D. Anthony

Cycle Official 3: E. Smith

Cycle Official 4: R. Sinagra

Cycle Official 5: S. Whitehead

Course Official 1: B. Emmanuel/

B. Ogden

Course Official 2: C. Laboudeuse/

L. Kenton

Course Official 3: K. Versluis

Course Official 4: J. Taylor/ H. Mullan

Course Official 5: S. Preedy/ J. Hein

Course Official 6: J. Pauley/ D. Mueller

Course Official 7: L. Di Giuseppe

Course Official 8: S. Maye

Course Official 9: R. Elliott/ C. Guelpa

Course Official 10: M. De Fries

Course Official 11: G. Thiele

Course Official 12: M. Ostler/ E. Mias

Course Official 13: C. Stevenson

Course Official 14: G. Davies

Course Official 15: M. Piscetek / M. Bird

Course Official 16: L. Rowe

Course Official 17: T. Murphy

Course Official 18: G. Van Der Waal

Course Official 19: N. Low

Course Official 20: R. Armenti/

J. Monaghan

Spare Officials: P. Price/ L. Rossi/

K. Scarterfield

Announcer / DJ: A. Richmond / J. Dove









HOUSE BAYS:

Chisholm Marshal: M. Kelly A. Montgomery, R. Allen, S. Ardieri, K. Nolan

De Vialar Marshal: S. Becker L. Baltovich, K. Fisher, L. Carpenter, B. Bleakley

MacKillop Marshal: I. Bean F. Whiting, C. Dobra, B. Richards, N. Prka, D. Mueller

Merici Marshal: S. Monteleone M. Oversby, E. Stone, A. Healy, G. Fabris Pallotti Marshal: A. Collis

A. Silveira, S. Amara, K. Weber, A. Papineau

Romero Marshal: T. Jones

L. Townsend, A. Aviles, T. MacCallum,

S. Quinn

Salvado Marshal: J. Antulov

J. Stevens, J. Greaves,

B. Pedraza Delgado

Xavier Marshal: V. Serafini

T. Caro, S. Lazarov, R. Dalton, H. Hunt

TIMING CHIP COORDINATOR:

Coordinators: N. Larsen / A. Dominiak Chisholm Chip Marshal: K. Chung De Vialar Chip Marshal: C-L. Mothiram MacKillop Chip Marshal: C. Reynolds Merici Chip Marshal: N. Jackson Pallotti Chip Marshal: V. Ross Romero Chip Marshal: A. Zell Salvado Chip Marshal: D. Ramos Xavier Chip Marshal: E. Thomasz

Toilet Path Supervision (T):

J. Palmer, D. Chandler, C. Pinkham, C. Vecchio

1st Aid: St John Ambulance

Perimeter Duty: Executive to patrol perimeter & crosswalk also walking behind each wave as assigned.

JUNIOR SCHOOL:

David Trickett will be the Starter for Junior School Races and Katya Anderson will be stationed at Start/Finish Zone. Remaining Junior School Staff - please supervise your class throughout and walk behind your group around the course to encourage all students to complete the course in a timely manner.

Additional Junior Course Officials	Staff		
А	Snowlin Elangovan		
В	Chris Honey		
С	Olivia Biasin		
D	Simon Overton		
Е	Carma De Groot		

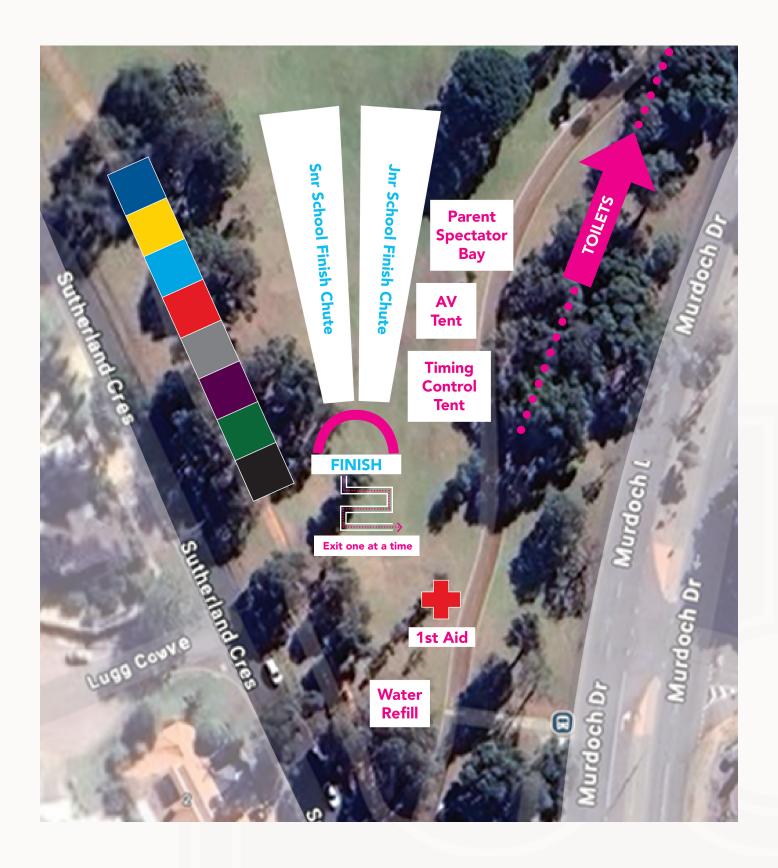






FINISH ZONE SET UP IH XC 2025

House Bays All On West Side



THE IHXC SCHEDULE

TIMELINE	EVENT	
8.40AM - 8.50AM	Students attend Homeroom as usual – except Y12 and Y11 Girls who will go straight to outside Foundation block.	
8.50AM - 9.10AM	Students will receive timing chips from the allocation station on the embankment outside Foundation Block and then move over to Piney Lakes accompanied by their HOY and Homeroom teacher.	

RACE SCHEDULE

EVENT#	TIME	YEAR/GENDER	DISTANCE
1	9.10	12 GIRLS	3.0km
2	9.15	11 GIRLS	3.0km
3	9.20	8 BOYS	3.0km
4	9.25	7 BOYS	3.0km
5	9.30	8 GIRLS	3.0km
6	9.35	7 GIRLS	3.0km
7	9.40	10 BOYS	3.0km
8	9.45	9 BOYS	3.0km
9	9.55	3 GIRLS	1.5km
10	10.00	3 BOYS	1.5km
11	10.05	4 GIRLS	1.5km
12	10.10	4 BOYS	1.5km
13	10.20	5 GIRLS	2.0km
14	10.25	5 BOYS	2.0km
15	10.30	6 GIRLS	2.0km
16	10.35	6 BOYS	2.0km
17	10.40	10 GIRLS	3.0km
18	10.50	9 GIRLS	3.0km
19	11.00	11 BOYS	3.0km
20	11.10	12 BOYS	3.0km







TOILET PATH:

- Students will not be permitted to return to the College whilst the Cross-Country event takes place. All students will use the public toilets and portable toilets near the car park. There are only 4 toilets so students' movement will have to be restricted.
- The path will be marked with blue markers.
- As the path runs close to the running track, it is important to ensure students stay on the clearly marked path.

TIMING CHIP DISTRIBUTION: (Coordinated by Naomi Larsen)

- Students attend Homeroom to have their names ticked off and move as soon as possible to the embankment outside the Foundation Block. (Year 12 and Year 11 Girls only do not go to homeroom report at 8.40am sharp to Foundation embankment for chip distribution as you are in the first two events).
- Students to sit in House groups within Chip Distribution Zone.
- Announcements will be made over a PA stating what year group needs to move forward to the Chip Distribution Station to marshal and collect their timing chip.
- House marshals will have a roll with the chip numbers that are allocated to the student. The house captains will be with them to assist in the issuing of the chips.
- Once their chip is issued, Homeroom teachers or buddies need to escort their Homeroom students across to Piney Lakes for the commencement of the carnival.
- Junior School runners will receive and attach their timing chips in classrooms prior to leaving junior campus for Piney Lakes.

CHIP DISPOSAL:

• Chips are disposable so students can keep their chip after the race or dispose of them in the Green Bins.

STUDENT CONDUCT & ATTIRE:

- Students are expected to put in BEST EFFORT for their house by RUNNING.
- All Senior School age groups will be completing the 3km course your goal is to finish in under 25mins to score points for your House
- Year 3 & 4 Students will be completing the 1.5km course.
- Year 5 & 6 Students will be completing the 2.0km course.
- If students need a rest, it is suggested they walk for a bit before continuing to run.
- No mobile phones/devices or ear buds permitted these will be confiscated.
- Run in house shirt with PE shorts & hat, do not bring jackets on the course (leave in locker)
- Correct socks and suitable lace up runners with good support are required no skate shoes, vans or similar canvas slip-ons.
- Bring large drink bottle clearly marked with name can be left in house bay.
- Yr 3 6 may bring a snack in sports bag which is clearly named (no back packs). Yr 7 12 encouraged to bring a snack in a shared sports bag with others bags must be clearly named and to be left in house bays not taken on course.
- If you are a slower runner or walking to get your breath back move to the left of the path so you don't hold up runners in the groups behind you.
- We want this to be an enjoyable event for all. DO NOT deliberately block the path of others or take any short cuts.
- Staff on course will report any such behaviour and sanctions will apply. This will affect the overall performance of your House.
- Ensure all clothing items and drink bottles are clearly named.



PINEY LAKES RESERVE MAP - CROSS COUNTRY CARNIVAL





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