

Concept Note

CSocD64 Side Event: Thursday, February 5, 2026, 3:00 - 4:15 PM, CR 11
Hosted by: The Permanent Mission of Burundi and Concepts of Truth Inc.

Mental Health Harms of Pediatric Gender Affirming Care

Do you want a live little boy or a dead little girl? This is the kind of question that professionals present to parents of confused adolescents to encourage them to accept harmful “gender affirming” medical treatments. The question presumes that only two options exist when in reality there are other options and parents, professionals and policy makers should be educated about the documented harms and ineffectiveness of pediatric gender affirming care. Although some countries have significantly restricted gender affirming interventions for minors citing unacceptable safety risks, many countries continue to liberally allow treatments that endanger youth. Given that young people who complain of gender dysphoria typically have an array of psychological vulnerabilities, Member States should exclusively require mental health therapies to treat gender dysphoria in youth and thus empower them to make informed decisions about their long term sexual health.

Panelists will analyze emerging medical research which reveals that for minors with gender dysphoria, gender-affirming care does not significantly improve mental health outcomes such as depression, anxiety or suicide ideation and instead carries significant risks of irreversible harm, including psychiatric disorders, infertility, and sexual dysfunction. Panelists will also explore the internal dynamics of medical associations that lead them away from evidence-based treatment recommendations, highlight the evolving legislative landscape in the U.S. and abroad, share personal stories and examine the relevance of U.N. documents designed to protect the well being of children and families and advance social development.

Panelists:

H.E. Zéphyrin Maniratanga	Permanent Representative of Burundi
Dr. Miriam Grossman	Board Certified Adolescent Psychiatrist, Senior Fellow at DoNoHarmMedicine.org , Author of Numerous Books; International Advocate
Joseph Figliolia, MA	Policy Analyst, The Manhattan Institute; Former Research Coordinator at NY Psychiatric Institute; Author of Articles Appearing in City Journal, The Dispatch, NY Post, Real Clear Policy
Garry Ingraham	Executive Director, Love and Truth Network
Laura Perry Smalts	Detransitioned, Author and Speaker
Josephine Tyne	Moderator